



RESOURCE FAMILY NEWSLETTER

February 10, 2020

"You'll never get bored when you try something new. There's really no limit to what you can do."

-Dr. Seuss

**2020
HOLIDAY
SCHEDULE**

- > **President's Day**
2/17/20
- > **Good Friday 4/10/20**
- > **Memorial Day**
5/25/20
- > **Independence Day**
7/3/20
- > **Labor Day 9/7/20**
- > **Columbus Day**
10/12/20
- > **Veterans Day**
11/11/20
- > **Thanksgiving 11/26**
&11/27/20
- > **Christmas 12/24**
&12/25/20
- > **New Year's Day**
1/1/21

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TAX TIME !

Here is a brief list of the main things you need to know about your resource parent pay and your taxes;

1. Most resource parents will not receive a 1099 form because resource parent pay is generally exempt from federal income tax. Some types of respite may be the exception to this rule. You should have received a 1099 in January, if you were to get one.
2. You will not receive a difficulty of care letter because difficulty of care certification is no longer needed to support the federal income tax exemption.

3. Foster parent pay is not taxable when paid by a qualified foster care placement agency for the care of qualified foster individuals. Family Care Services is a qualified placement agency and most of the clients we serve are qualified foster individuals; therefore, the income paid to resource parents is generally not taxable for federal income tax and should not be included in your federal return.
4. You may qualify for tax exemptions or credits because of your foster children. Please consult with a



tax professional to determine if you qualify for any of these exemptions or credits.

5. We do not report resource parent pay to state or local tax authorities.
6. If you have questions about your resource parent income, please call Charlie at ext 122.



Scholarship applications are now available for families to attend the 2020 PA Permanency Conference at the Kalahari Resort and Waterpark from June 17-20! Adoption Coalition applications are available on the FCS Facebook page, on the Adoption Coalition Facebook page, or contact Andrea. They are due by Mar. 15.

TRAINING

Total training hours should be completed by 10/31/2020. Your client supervisor can provide outside training resources.

Free Training: The HCQU continues to provide monthly training opportunities at the MH/IDD/EI Building on Franklin Farm Lane, Chambersburg. Training is available from 10 am-12 pm.

A wide selection of HCQU topics are available online at <http://www.southcentralpa-hcqu.org/Trainings/trainings.htm>. Talk with your client supervisor for training details.

Should a situation arise that would require canceling a syllabus training, the HCQU will reach out to those who have registered and notify county/agency contacts as appropriate.

During the winter months the syllabus sites may close or operate on a delayed schedule. Check the calendar at www.franklincountypa.gov.

HCQU Training Topics:
3/20 Post-Traumatic Stress Disorder

KIDS AND TRAUMA RECOVERY TIP

The following recovery tip is from <https://www.helpguide.org/articles/ptsd-trauma/helping-children-cope-with-traumatic-stress.htm>.

Tip 3: Encourage physical activity

Physical activity can burn off adrenaline, release mood-enhancing endorphins, and help your child sleep better at night.

Find a sport that your child enjoys.

Activities such as basketball, soccer, running, martial arts, or swimming that require moving both the arms and legs can help rouse your child's nervous system from that "stuck" feeling that often follows a traumatic experience.

Offer to participate in sports, games, or physical activities with your child. If they seem resistant to get off the couch, play some of their favorite music and dance together. Once a child gets moving, they'll

Celebration Corner!



The following families celebrate their anniversary with FCS this month.

Congratulations to:

Deb & Donnie DeShong for 22 years!

Catherine & Floyd Meyers for 30 years!



start to feel more energetic.

Encourage your child to go outside to play with friends or a pet and blow off steam.

Schedule a family outing to a hiking trail, swimming pool, or park.

Take younger children to a playground, activity center, or arrange play dates.



CONTACT LIST FOR FCS STAFF



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